

starters

GARLIC BREAD 10 -

buttered turkish toast

THREE DIPS 12 -

baba ghanoush, tzatziki,
taramasalata & pita bread

OYSTERS NATURAL - with eshallot

vinaigrette

half dozen 20 dozen 36

BUCKET OF PRAWNS - with marie

rose sauce

half dozen 18 dozen 32

healthy salad bowls

GREEK SALAD BOWL 16 - feta,

kalamata olives, cucumber, tomato,
capsicum, spanish onion & oregano

LAGOON BOWL 20 (GF)

(vegan no egg)

roasted kumera, avocado, quinoa,
green leaves, free range poached
egg, walnuts, cherry tomatoes &
citrus herb oil

SUMMER SALAD BOWL (V) 20

mango, kale, quinoa, wild rice,
baby corn, mint, sweet potato,
sun-dried tomato with honey
mustard seeded dressing

SALAD ADD ONS:

haloumi +5

bacon +5

chicken skewer +6

lamb skewer +8

smoked salmon +8

fresh prawns +8

lunch meals

NARRABEEN BRUNCH * 20

free range poached eggs, smashed
avocado toast on sourdough,
cherry tomatoes, danish feta,
beetroot hummus & herb oil

ADD:

haloumi +5

bacon +5

smoked salmon +8

HOUSE BEEF BURGER 22

angus beef, bacon, cheese,
pickles, tomato, beetroot,
lettuce, onion, smokey bbq sauce
on a milk bun w chips

MARINATED CHICKEN SOUVLAKI 26

two souvlaki, chips, pita bread,
lemon & tzaziki

MARINATED LAMB SOUVLAKI 28

two souvlaki skewers, chips, pita
bread, lemon & tzaziki

BATTERED FISH & CHIPS 26

flathead fillets, lemon & tartare
sauce

SAILOR'S BASKET FOR ONE 30

beer battered flathead fillets,
calamari rings, fresh prawns,
chips, lemon & tartare sauce

BARRAMUNDI FILLET 34 (GF)

grilled, orange & fennel salad,
feta, roasted kumera, lemon &
honey mustard seeded dressing

SALMON FILLET 34 (GF)

grilled, cherry tomato watercress
radish salad, lyonnaise potatoes
& ginger dressing

cold smoothie bowl

ACAI BOWL* 16

organic acai berries & banana blended topped with coconut flakes, granola, banana, passionfruit coulis & seasonal fruits

wraps

VEGETARIAN WRAP 16

falafel, feta, kumera, spinach and beetroot hummus on a sun-dried tomato wrap

CHICKEN SCHNITZEL WRAP 17

avocado, tomato, spinach & aioli on a sun-dried tomato wrap

greek pitas

CHICKEN PITA 17 - chicken, tomato, spanish onion, chips, tzaziki, paprika in greek pita wrap

LAMB PITA 17 - lamb, tomato, spanish onion, chips, tzaziki, paprika in greek pita wrap

FALAFEL PITA 16 - falafel, tomato, spanish onion, chips, babaganoush, paprika in greek pita wrap

* gluten free option

We apologise during peak times menu requests/changes may not be possible

kiddies lunch

battered fish 13
sauce & chips

cheese burger 13
beef pattie, cheese, sauce & chips

chicken tenderloins 13
sauce & chips

crumbed calamari 13
sauce & chips

chicken skewer 13
sauce & chips

sides

SIDE GARDEN SALAD 6

POTATO CHIPS - small 5 large 8

SWEET POTATO CHIPS (GF) - small 6 large 9