

lunch meals

BOATSHED BRUSCHETTA 20

sautéed spinach, mushrooms, capsicum, onion, free range poached eggs & hollandaise sauce on sourdough with dukkah spices

ADD: haloumi, bacon, or smoked salmon +5

NARRABEEN BRUNCH * 20

free range poached eggs, smashed avocado toast on sour dough, cherry tomatoes, danish feta, beetroot hummus & herb oil

ADD: haloumi, bacon or smoked salmon +5

STEAK SANDWICH 22

scotch fillet, cheese, lettuce, caramelised onion, tomato & mustard mayo w chips

HOUSE BEEF BURGER 22

angus beef, bacon, cheese, tomato, beetroot, lettuce, caramelised onions, smokey bbq sauce on a milk bun w chips

GOATS CHEESE, RICOTTA & PUMPKIN RAVIOLI V 22

cherry tomatoes, baby spinach, walnuts & pesto oil

BATTERED FLATHEAD FILLETS 26

chips, lemon & tartare sauce

MARINATED CHICKEN SOUVLAKI 26

two souvlaki, chips, pita bread, lemon & tzaziki

GRILLED BARRAMUNDI 28 (GF)

orange & fennel salad, feta roasted kumera, lemon & honey mustard seeded dressing

SAILOR'S BASKET FOR ONE 30

beer battered flathead fillets, squid, fresh prawns, chips, lemon & tartare sauce

MEZZE SHARE PLATTER

(for two 55, for three 82.5)

citrus cured atlantic salmon, chicken souvlaki, chorizo, crumbed calamari, battered flathead fillets, haloumi, fresh prawns, dolmades, feta, roasted kumera, beetroot hummus, tzaziki, pita bread, chips & side salad

ADD: two extra souvlaki +10

ADD: extra pita +4

kiddies lunch

battered fish 13
sauce & chips

cheese burger 13
beef pattie, cheese, sauce & chips

chicken burger 13
chicken tenderloins, cheese & chips

chicken tenderloins 13
sauce & chips

crumbed calamari 13
sauce & chips

chicken skewer 13
sauce & chips

* gluten free option

We apologise during peak times menu requests/changes may not be possible

light meals & wraps

BLAT * 14

bacon, lettuce, avocado, tomato & aioli on toasted turkish bread

VEGETARIAN WRAP 17

falafel, feta, spinach and beetroot hummus on a sun-dried tomato wrap **ADD:**chips +5

CHICKEN SCHNITZEL WRAP 17

avocado, tomato, spinach & aioli on a sun-dried tomato wrap **ADD:**chips +5

SMOKED SALMON SANDWICH 18

rocket, spanish onion, capers, mayo & tasty cheese on turkish toast **ADD:**chips +5

BREAKFAST BURGER * 18

smashed avocado, tomato, bacon, free range egg, rocket & tomato relish on a milk bun with hash brown

cold smoothie bowls

topped with coconut flakes, granola, banana, seasonal fruits & passionfruit coulis

PINK PITAYA BOWL (LF) * 16

organic pitaya & banana blended

ACAI BOWL* 16

organic acai berries & banana blended

MANGO BOWL* 16

mango, banana & yoghurt blended

healthy salad bowls

LAGOON BOWL 20 (GF)

(vegan no egg)

roasted kumera, avocado, quinoa, green leaves, free range poached egg, walnuts, cherry tomatoes & citrus herb oil

ADD: haloumi, bacon, or smoked salmon +5

MUSHROOM & HALOUMI BOWL 20

(GF)(V)(vegan no haloumi)

roasted kumera, avocado, rocket, tomato ragu, quinoa, cherry tomatoes & truffle balsamic glaze

ADD: poached egg +2.5

bacon or smoked salmon +5

HAWAIIAN POKE BOWL 18

beetroot, edamame beans, radish, shallots, avocado, greens, cabbage, white onion, brown rice & black sesame seeds with lime ginger soy dressing

ADD:

(chefs recommended - citrus cured atlantic salmon +8

fresh prawns(3) +8

smoked salmon +8

chicken skewer +5

* gluten free option

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