

breakfast meals

SLOW BAKED GRANOLA 14
greek yoghurt, seasonal fruits & milk of your choice

ACAI BOWL* 16
organic acai berries & banana blended

BELGIAN WAFFLE 16
berries, banana, maple syrup, pistachio crumb & vanilla ice cream

BACON & EGGS * 21
(poached or fried free range eggs) with bacon, hash brown, roast tomato on buttered turkish bread
ADD homemade beans +2.5
avocado or mushrooms +4
smoked salmon +5

LAGOON BOWL 20 (GF)(V)
(vegan no egg)
roasted kumera, avocado, quinoa, green leaves, free range poached egg, walnuts, cherry tomatoes & citrus herb oil
ADD haloumi, bacon, or smoked salmon +5

kids breakfast

BACON & EGG 10
with turkish bread

WAFFLE 10
with banana, maple syrup & ice cream

happy fathers day
from all the
family & staff at
the boatshed cafe

NARRABEEN BRUNCH * 20 (V)
(vegan no feta)
free range poached eggs, smashed avocado on sourdough toast, cherry tomatoes, danish feta, beetroot hummus & herb oil

ADD haloumi, bacon or smoked salmon +5

MUSHROOM & HALOUMI BOWL 20 (GF)(V) (vegan no haloumi)
roasted kumera, avocado, rocket, tomato ragu quinoa, cherry tomatoes & truffle balsamic glaze
ADD egg +2.5, bacon or smoked salmon +5

TRAIL EGGS BENNY 20
smoked salmon, two free range poached eggs, wilted spinach, hollandaise sauce, black sesame seeds, herbs, roast tomato & english muffin

CAPTAINS BREAKFAST 24
(poached or fried free range eggs),
bacon, 3 pork sausages, mushrooms, roast tomato, homemade beans & hash brown on buttered turkish bread

BREAKFAST EXTRA'S
(prices are only when adding onto breakfasts)

- free range egg/hash brown/tomato/toast/ baked beans/ beetroot hummus +2.5
- two pork sausages +3
- wilted spinach/half avocado/mushrooms +4
- bacon(GF)/leg ham/ haloumi/smoked salmon +5

* gluten free option

We apologise during peak times menu requests/changes may not be possible

lunch meals

MUSHROOM & HALOUMI BOWL 20

(GF) (V) (vegan no haloumi)

roasted kumera, avocado, rocket, tomato ragu, quinoa, cherry tomatoes & truffle balsamic glaze

ADD: poached egg +2.5

bacon or smoked salmon +5

STEAK SANDWICH 22

scotch fillet, cheese, lettuce, caramelised onion, tomato & mustard mayo w chips

HOUSE BEEF BURGER 22

angus beef, bacon, cheese, tomato, beetroot, lettuce, caramelised onions, smokey bbq sauce on a milk bun w chips

BATTERED FLATHEAD FILLETS 26

chips, lemon & tartare sauce

CURED SALMON HAWAIIAN POKE BOWL 27

beetroot, edamame beans, radish, shallots, avocado, greens, cabbage, white onion, brown rice & black sesame seeds with lime ginger soy dressing

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MARINATED CHICKEN SOUVLAKI 26

two souvlaki, chips, pita bread, lemon & tzaziki

GRILLED BARRAMUNDI 28 (GF)

orange & fennel salad, feta roasted kumera, lemon & honey mustard seeded dressing

SAILOR'S BASKET FOR ONE 30

beer battered flathead fillets, squid, fresh prawns, chips, lemon & tartare sauce

kiddies lunch

battered fish 13

sauce & chips

cheese burger 13

beef pattie, cheese, sauce & chips

chicken tenderloins 13

sauce & chips

crumbed calamari 13

sauce & chips

chicken skewer 13

sauce & chips

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