

breakfast meals

TWO EGGS ANY STYLE * 13

free range eggs (fried, poached or scrambled) with roast tomato on buttered turkish bread
ADD homemade beans +2.5
 avocado or mushrooms +4
 bacon or smoked salmon +5

BACON & EGGS * 18

free range eggs (fried, poached or scrambled) with bacon, roast tomato on buttered turkish bread
ADD homemade beans +2.5
 avocado or mushrooms +4
 smoked salmon +5

BELGIAN WAFFLE 16

berries, banana, maple syrup, pistachio crumb & vanilla ice cream

BREAKFAST BURGER * 18

smashed avocado, tomato, bacon, free range egg, rocket & tomato relish on a milk bun with hash brown

MUSHROOM BRUSCHETTA 20

mushrooms, capsicum, spanish onion, free range poached eggs, with hollandaise & truffle glaze on sourdough toast
ADD haloumi, bacon, or smoked salmon +5

LAGOON BOWL 20 (GF) (V) (vegan no egg)

roasted kumera, avocado, quinoa, green leaves, free range poached egg, walnuts, cherry tomatoes & citrus herb oil
ADD haloumi, bacon, or smoked salmon +5

* gluten free option

We apologise during peak times menu requests/changes may not be possible

NARRABEEN BRUNCH * 20 (V)

(vegan no feta)
 free range poached eggs, smashed avocado on sourdough toast, cherry tomatoes, danish feta, beetroot hummus & herb oil
ADD haloumi, bacon or smoked salmon +5

MUSHROOM & HALOUMI BOWL 20 (GF) (V) (vegan no haloumi)

roasted kumera, avocado, rocket, tomato ragu quinoa, cherry tomatoes & truffle balsamic glaze
ADD egg +2.5, bacon or smoked salmon +5

TRAIL EGGS BENNY 20

(choice of bacon, leg ham or smoked salmon)
 two free range poached eggs, wilted spinach, hollandaise sauce, black sesame seeds, herbs, roast tomato on english muffin

CAPTAINS BREAKFAST 24

(poached, fried or scrambled free range eggs),
 bacon, pork sausages, mushrooms, roast tomato, homemade beans & hash brown on buttered turkish bread

BREAKFAST EXTRA'S

(prices are only when adding onto breakfasts)

- free range egg/ hash brown/tomato/toast/ baked beans/ beetroot hummus +2.5
- two pork sausages +3
- wilted spinach/half avocado/mushrooms +4
- bacon(GF)/ leg ham/ haloumi/smoked salmon +5

light breakfasts

TOAST & SPREADS 6

choice of bread:
turkish bread/ sourdough/
raisin loaf/ croissant or
(gluten free bread 7)

with your choice of spreads:
marmalade, strawberry jam,
honey, peanut butter, nutella
or vegemite

BANANA BREAD 7 (GF)

HAM & CHEESE CROISSANT 10

TOASTIES 10

(on turkish bread)

- ham & cheese
- cheese & tomato
- ham, cheese & tomato

ADD avocado +4

EGG & BACON ROLL 10

with your choice of tomato
relish, bbq or tomato sauce
on a milk bun

BLAT * 14

bacon, lettuce, avocado,
tomato & aioli on toasted
turkish bread

YOGHURT BOWL 14

greek yoghurt, chia,
seasonal fruits, granola &
passionfruit coulis

SLOW BAKED GRANOLA 14

greek yoghurt, seasonal
fruits & milk of your choice

cold smoothie bowls

PINK PITAYA BOWL * 16 (LF)
organic pitaya & banana
blended

ACAI BOWL* 16

organic acai berries &
banana blended

MANGO BOWL* 16

mango, banana & yoghurt
blended

smoothie bowls topped with
coconut flakes, granola,
banana, passionfruit coulis &
seasonal fruits

kids breakfast

(under 12)

BACON & EGG 10

with turkish bread

WAFFLE 10

with banana, berry couli,
maple syrup & ice cream

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